



# 一龍小酒馆

★★ THE DRAGON BBQ BAR ★★

“炒菜也贼好吃的烧烤店！”



Mon - Sun: 12PM - 2AM  
(1:30AM last call)  
905-513-6666



4080 Steeles Ave E.,  
Markham ON, L3R 4C3  
[www.thedragonbbqbar.com](http://www.thedragonbbqbar.com)

- \*标 🌶️ 的菜品不能走辣
- \* Dishes with 🌶️ CANNOT cook without chilli.
- \*任何食物过敏，请告知
- \* Please let us know if you have any allergy.

## 外卖自取 10% OFF

Pickup and enjoy 10% off

- \*限电话订餐
- \* Only for ordering by phone.

电话订餐:  
(905) 513-6666

打电话自取比外卖平台配送优  
惠最多可达30%

## 烤羊肉 BBQ Lamb

001 一龍羊肉串	\$7.99/6串
Lamb Skewers	
002 紐澳羊肋排	\$8.99/1份
Australia Lamb Ribs	
003 蒜香羊尾骨	\$9.99/1份
Garlic Lamb Tail	
004 咸香油包腰	\$9.99/2串
Oil Wrapped Kidney	
005 滋補小羊蛋	\$8.99/1串
Lamb Testicular	
006 決戰藍弦子	\$12.99/4串
Lamb Vas Deferens	
007 滋補羊油肝	\$9.99/4串
Lamb Liver with Fat	
008 生烤羊脊筋	\$9.99/6串
Lamb Spine Tendon	

## 烤牛肉 BBQ Beef

026 板筋夾牛油	\$8.99/4串
Beef Tendon with Beef Fat	
027 和牛筋皮子	\$9.99/6串
Wagyu Beef Tendon	
028 大片胸口油	\$6.99/4串
Beef Brisket Tendon Fat	
029 烤牛胸口肉	\$7.99/6串
Beef Brisket	
030 高山小嫩牛	\$8.99/10串
Tender Beef Neck	
031 一龍牛肉串	\$7.99/6串
Beef Skewers	
032 霸氣牛小肥	\$7.99/6串
Beef Tenderloin	
033 麻椒小肥牛	\$7.99/6串
Spicy Beef Ribs	
034 鐵嶺醬油筋	\$7.99/6串
Teriyaki Beef Ribs	
035 宮後夾嫩肉	\$8.99/6串
Beef Flank	
036 傳統牛心管	\$7.99/6串
Beef Heart Artery	
037 爽脆牛心管	\$9.99/4串
Crispy Beef Aorta	
038 東北牛蹄筋	\$8.99/6串
Beef Back Strap	
039 麻辣嫩牛舌	\$7.99/6串
Spicy Beef Tongue	
040 高山牛百葉	\$7.99/8串
Beef Omasum	
041 厚切黑毛肚	\$11.99/6串
Thick-Cut Beef Tripe	
042 大片牛腰子	\$9.99/1串
Big Beef Kidney	

043 成都牛板筋	\$7.99/6串
Beef Tendon	
044 炭烤牛仔骨	\$7.99/2串
Grilled Short Rib	
045 西冷小生串	\$7.99/6串
Raw Sirloin Beef Skewers	
046 和牛外脊筋	\$9.99/6串
Wagyu Loin Tendon Strip	
047 猛烤牛小腸	\$9.99/6串
Beef Small Intestine	

## 烤雞肉 BBQ Chicken

067 一龍雞脆骨	\$7.99/6串
Grilled Chicken Cartilage	
068 下酒烤雞架	\$8.99/1份
Chicken Racks	
069 蜜汁雞中翅	\$6.99/2串
Teriyaki Chicken Wing	
070 一龍蒜爆雞	\$7.99/6串
Garlic Chicken Skewers	
071 一龍烤雞胗	\$7.99/6串
Chicken Gizzards	
072 生烤公雞皮	\$6.99/6串
Chicken Skin	
073 焦香烤雞爪	\$7.99/4串
Chicken feet	
074 一龍烤雞心	\$7.99/6串
Chicken Heart	
075 猛烤鵪鶉蛋	\$6.99/2串
Grilled Quail Eggs	
076 一龍烤鴨舌	\$9.99/10串
Duck Tongue	
077 香辣烤鵪鶉	\$7.99/1只
Spicy Grilled Quail	
078 碱香烤實蛋	\$6.99/2串
Grilled Eggs	

## 烤豬肉 BBQ Pork

098 秘制五花肉	\$7.99/6串
Grilled Pork Belly	
099 東北大油邊	\$6.99/2串
Pig's Diaphragm	
100 蘑菇筋頭肉	\$8.99/4串
Pork Knee Knuckle	
 101 青椒烤肥腸	\$7.99/4串
Pork Intestines with Pepper	
102 望京小嫩腰	\$8.99/4串
Pork Kidney	
103 烤軟爛豬皮	\$6.99/4串
Grilled Pigskin	
104 酸菜五花肉	\$6.99/2串
Pork Belly with Pickled Cabbage	

- 105 一龍金沙骨 \$7.99/4串  
Pork Ribs
- 106 培根金针菇 \$7.99/2串  
Bacon with Enoki Mushrooms
- 🔥 107 香辣黑猪尾 \$11.99/1份  
Spicy Black Pork Tail

### 烤肠 BBQ Sausage

- 127 双汇王中王 \$6.99/2串  
Shuang Hui Sausage
- 128 烤菲律宾肠 \$7.99/4串  
Filipino Sausage

### 烤蔬菜 BBQ Vegetables

- 148 香辣高丽菜 \$7.99/1份  
Cabbage
- 149 滋补烤韭菜 \$7.99/1份  
Chives
- 150 地摊土豆片 \$7.99/1份  
Special Potato Chips
- 151 一龍烤茄子 \$7.99/1份  
Garlic Eggplant
- 152 一龍烤花菜 \$7.99/1份  
Cauliflower
- 153 香辣鲜秋葵 \$7.99/6串  
Grilled Spicy Okra
- 154 烤平江面筋 \$6.99/2串  
Gluten
- 155 干豆腐香菜 \$7.99/2串  
Dried Bean Curd with Cilantro
- 156 生烤鲜蚝菇 \$7.99/4串  
Grilled Oyster Mushroom
- 157 猛烤干豆腐 \$6.99/8串  
Grilled Dried Bean Curd
- 158 东北豆腐皮 \$6.99/8串  
Bean Curd
- 159 香辣烤蘑菇 \$6.99/2串  
Mushroom
- 160 一龍烤香菜 \$7.99/1份  
Coriander
- 161 销魂烤藕片 \$7.99/1份  
Sliced Lotus Root
- 🔥 162 烤韩式尖椒 \$6.99/1份  
Spicy Green Pepper
- 163 麻辣小土豆 \$7.99/1份  
Spicy Potato
- 164 烤爽口魔芋 \$6.99/6串  
Grilled Konjac
- 165 香辣烤莴笋 \$7.99/6串  
Celtuce
- 166 料油烤生蒜 \$4.99/2串  
Garlic
- 🔥 167 烤香辣豆干 \$6.99/6串  
Spicy Tofu Cubes

### 烤海鲜 & 蛙腿 BBQ Seafood & Frog Leg

- 187 烤蒜蓉生蚝 \$7.99/1个  
Garlic Oyster
- 🔥 188 烤川味生蚝 \$7.99/1个  
Szechuan Oyster
- 189 烤蒜蓉扇贝 \$7.99/1个  
Garlic Scallops
- 🔥 190 烤川味扇贝 \$7.99/1个  
Szechuan Scallops
- 191 一龍鱿鱼须 \$8.99/4串  
Squid Tentacles
- 192 特色烤大虾 \$6.99/4串  
Grilled Prawns
- 193 生烤竹荪鱼 \$9.99/2条  
Grilled Whiting
- 194 嫩烤小海兔 \$7.99/4串  
Grilled Squid
- 195 鮑总小黄花 \$9.99/4条  
Yellow Croaker
- 196 生烤牛蛙腿 \$9.99/4串  
Frog Legs
- 197 烤金枪鱼腩 \$18.99/200g  
BBQ Tuna Belly
- 198 野生鳕鱼扒 \$19.99/200g  
Wild Cod Steak

### 锡纸盒类 Foil Box

- 🔥 218 一龍嫩脑花 \$9.99  
Pork Brain
- 🔥 219 爆浆老豆腐 \$7.99  
Foil Box Juicy Tofu
- 220 锡纸娃娃菜 \$8.99  
Foil Box Baby Cabbage
- 221 锡纸金针菇 \$8.99  
Foil Box Enoki Mushrooms
- 222 芝士甜玉米 \$7.99  
Creamy Sweet Corn
- 223 芝士甜地瓜 \$7.99  
Creamy Sweet Potato
- 224 锡纸盒蚬子 \$9.99  
Foil Box Garlic Clams

### 凉菜 Cold Appetizers

- 243 东北大糖蒜 \$1.99/1头  
Sweet Garlic
- 🔥 244 捞汁黑鱼片 \$12.99  
Sauced Black Fish Slices
- 🔥 245 红油猪耳片 \$12.99  
Sliced Pig Ear in Chili Oil
- 🔥 246 捞汁海鲜串 \$12.99  
Chilli Seafood Skewers
- 247 麻酱拌拉皮 \$12.99  
Sesame Sauce Liangpi

248	<b>东北大拉皮</b>	\$16.99
	Northeastern Liangpi	
 249	<b>一龍拌鸡架</b>	\$9.99
	Spicy Chicken Racks	
 250	<b>疑难又杂症</b>	\$12.99
	Cucumber Beef Mix	
 251	<b>皮蛋大丰收</b>	\$12.99
	Veggies with Century Egg	
252	<b>家常拌凉菜</b>	\$12.99
	Homestyle Cold Salad	
253	<b>手拍小青瓜</b>	\$10.99
	Cucumber with Sauce	
254	<b>椒盐炸蘑菇</b>	\$9.99
	Spicy Slat Mushroom	
255	<b>一龍下酒菜</b>	\$19.99
	Assorted Appetizers	
256	<b>成都小酥肉</b>	\$8.99
	Deep Fried Crispy Pork	
257	<b>猪耳拌青瓜</b>	\$12.99
	Spicy Pig Ear with Cucumber	
258	<b>菜心海蜇皮</b>	\$11.99
	Sea Jellyfish & Cabbage	
259	<b>花生拌西芹</b>	\$9.99
	Peanut & Celery Salad	
 260	<b>泡椒泡凤爪</b>	\$9.99
	Pickled Chicken Feet	
261	<b>花生和毛豆</b>	\$9.99
	Edamame and peanut	
 262	<b>卤麻辣鸭头</b>	\$13.99
	Spicy Braised Duck Head	
263	<b>酸甜大拌菜</b>	\$11.99
	Sweet n Sour Lettuce	
 264	<b>沾水毛肚片</b>	\$16.99
	Beef Omasum with Sauce	
 265	<b>香酥公鸡架</b>	\$10.99
	Crispy Chicken Rack	
 266	<b>下酒老虎菜</b>	\$11.99
	Herb & Peanut Salad	
267	<b>水晶肉皮冻</b>	\$9.99
	Spicy Aspic	
268	<b>皮蛋过茄子</b>	\$12.99
	Preserved Eggs with Eggplant	
 270	<b>麻辣鸭锁骨</b>	\$12.99
	Spicy Duck Collarbone	
271	<b>老北京爆肚</b>	\$18.99
	Braised Pig Tripe	
272	<b>老陈醋花生</b>	\$9.99
	Fried Peanut in Vinegar	
 273	<b>辣拌明太鱼</b>	\$14.99
	Spicy Shredded Cod	
 274	<b>麻辣冷吃牛</b>	\$14.99
	Cold Served Chilli Beef	
275	<b>凉拌蚬子肉</b>	\$12.99
	Spicy Clams	

276 **油炸花生米** \$9.99

Fried Peanut

277 **桂花酱番茄** \$9.99

Osmanthus Tomatoes

或 桂花/黄糖糯米藕

OR Osmanthus / Brown Sugar Lotus Root

## 哈尔滨熏酱 *Braised and Smoked*

297 **一龍干豆腐** \$9.99

Dried Tofu Roll

298 **熏酱猪头肉** \$12.99

Braised Pork Head

299 **熏酱大肠头** \$12.99

Braised Pork Intestine

300 **熏酱猪耳朵** \$12.99

Braised Pork Ear

301 **卤香金钱腱** \$14.99

Braised Beef

302 **哈尔滨红肠** \$12.99

Harbin Red Sausage

## 川渝菜 *Szechuan Specialty*

 322 **山城啤酒鸭** \$24.99

Beer-Braised Duck

 323 **山城泡椒兔** \$24.99

Pickled-Chili Rabbit

 324 **蜀南鲜嫩蛙** \$26.99

Spicy Tender Frog

 325 **尖椒小炒肉** \$16.99

Pork with Green Pepper

 326 **莴笋炒肉丝** \$18.99

Celtuce with Pork

 327 **乐山辣子鸡** \$18.99

Deep-Fried Chili Chicken

 328 **山城鲜椒鸡** \$18.99

Spicy Chicken with Peppers

 329 **火爆猪肝腰** \$17.99

Spicy Liver and Kidney

 331 **泡椒海鱼肚** \$25.99

Pickled Pepper Fish Maw

 332 **泡椒香水蛙** \$25.99

Pickled Boiled Frog

 333 **家常回锅肉** \$16.99

Twice-Cooked Pork

 334 **水煮牛肉片** \$25.99

Spicy Boiled Beef

 335 **两吃黑鱼片** \$29.99

Boiled Black Fish

水煮 或 酸菜

Spicy Boiled OR Pickled Cabbage

 336 **重庆毛血旺** \$28.99

Spicy Stewed Meats & Haslet

 337 **麻婆老豆腐** \$15.99

Mapo Tofu

 338	<b>麻婆双黑白</b> Mapo Tofu with Duck Blood	\$17.99
 339	<b>火爆牛心管</b> Scalded Aorta	\$26.99
 340	<b>魔芋小炒牛</b> Beef with Konjak	\$18.99
 341	<b>烟笋炒腊肉</b> Bamboo Shoot with Pork	\$18.99
 342	<b>湘菜金钱蛋</b> Spicy Deep-Fried Eggs	\$18.99
343	<b>四川甜蒸肉</b> Sweet Steamed Pork	\$18.99
344	<b>四川咸烧白</b> Steamed Salty Pork Belly	\$18.99

## 东北菜 *Dongbei Specialty*

358	<b>香菜千层肚</b> Cilantro Beef Tripe	\$24.99
 359	<b>孜然厚板筋</b> Cumin Beef Tendon	\$24.99
360	<b>溜耙牛胸口</b> Stir-Braised Beef Brisket	\$24.99
361	<b>番茄炒鸡蛋</b> Stir-Fry Tomato & Egg	\$15.99
363	<b>鱼香嫩肉丝</b> Fish-Fragrant Pork	\$18.99
364	<b>韭菜炒鸡蛋</b> Eggs & Chinese Chives	\$18.99
 365	<b>香酥小河虾</b> Crispy River Shrimp	\$19.99
366	<b>一龍锅包肉</b> Sweet n Sour Crispy Pork	\$16.99
367	<b>尖椒干豆腐</b> Spicy Dried Bean Curd	\$15.99
 368	<b>一龍辣炒蚬</b> Stir-Fried Spicy Clams	\$19.99/1.5LB
369	<b>火爆高丽菜</b> Stir-Fried Cabbage	\$14.99
370	<b>经典溜肉段</b> Stir-Fried Pork Chunks	\$18.99
371	<b>肉段溜茄子</b> Eggplant with Pork	\$16.99
372	<b>酸菜炒粉条</b> Vermicelli w/ Pickled Cabbage	\$15.99
373	<b>唐芹炒粉条</b> Celery with Vermicelli	\$15.99
374	<b>经典溜三样</b> Assorted Pork Haslet	\$17.99
 375	<b>干锅卤鸭头</b> Dry Pot Braised Duck Head	\$16.99
376	<b>菜心炒油渣</b> Choy Sum w/ Pork Cracklings	\$16.99
 377	<b>炒孜然羊肉</b> Lamb with Cumin	\$18.99

378	<b>怀旧地三鲜</b> Sautéed Assorted Veggies	\$15.99
 379	<b>香辣蛙蚬锅</b> Boiled Frog and Clams	\$18.99
 380	<b>干煸茶树菇</b> Dry-Fried Agrocybe Mushrooms	\$17.99
 381	<b>干锅鱿鱼须</b> Spicy Squid Tentacles	\$18.99
 382	<b>干锅猪肥肠</b> Spicy Pork Intestine	\$18.99
383	<b>干锅鹿茸菇</b> Dry Pot Deer Antler Mushrooms	\$17.99
384	<b>炒风味茄子</b> Special Sauce Eggplant	\$15.99
385	<b>腊肉野花菜</b> Cauliflower with Pork	\$16.99
 386	<b>香酥五花肉</b> Crispy Pork Belly	\$16.99
387	<b>酸辣土豆丝</b> Hot n Sour Potato Shreds	\$14.99
388	<b>蛋黄焗地瓜</b> Salted Egg Yolk Sweet Potato	\$17.99
389	<b>酸黄瓜炒肉</b> Pork and Pickle	\$15.99
390	<b>雪花甜地瓜</b> Candied Sweet Potato	\$16.99
 392	<b>鲍总毛肚锅</b> Boiled Beef Aorta 另加厚毛肚 \$14.99/10串 Add Extra Beef Aorta 另加鱼丸子 \$5.99/4串 Add Extra Fish Meatball 另加牛肉丸 \$5.99/4串 Add Extra Beef Meatball 另加海带结 \$5.99/4串 Add Extra Kelp 另加干豆腐 \$5.99/4串 Add Extra Dried Bean Curd 另加豆芽 \$4.99 Add Extra Bean Sprout	\$34.99

## 游水活鱼 *Fresh Fishes*

 411	<b>巫山烤桂花</b> Grilled Mandarin Fish	\$45.99/2LB
 412	<b>巫山烤立鱼</b> Grilled Tilapia	\$45.99/2LB
 413	<b>巫山烤青斑</b> Grilled Yellow Grouper	\$59.99/2LB
	<b>番茄烤桂花</b> Tomato Mandarin Fish	\$45.99/2LB
	<b>番茄烤立鱼</b> Tomato Tilapia	\$45.99/2LB
	<b>番茄烤青斑</b> Tomato Yellow Grouper	\$59.99/2LB
 412	<b>酸甜干烧鱼</b> Sweet n Sour Fish	\$36.99/2LB
413	<b>清蒸桂花鱼</b> Steamed Mandarin Fish	\$39.99/2LB

清蒸活立鱼 \$39.99 / 2LB

Steamed Tilapia

清蒸活青斑 \$55.99 / 2LB

Steamed Yellow Grouper

## 主食 Rice & Noodle

- 433 猛炒方便面 \$12.99  
Stir-Fried Instant Noodle
- 434 怀旧烤烧饼 \$4.99 / 2串  
Baked Sesame Flatbread
- 435 四川烤苕皮 \$9.99  
Szechuan Grilled Liangpi
- 436 三鲜馅水饺 \$13.99  
Pork Dumpling
- 437 白菜肉水饺 \$12.99  
Cabbage & Pork Dumplings
- 438 芹菜肉水饺 \$12.99  
Celery & Pork Dumplings
- 439 朝鲜汤冷面 \$12.99  
Cold Noodle Soup
- 440 炸炼乳馒头 \$5.99 / 4个  
Fried Steamed Bun
- 441 烤炼乳面包 \$5.99 / 2串  
Milky Grilled Toast
- 442 烤蜂蜜面包 \$5.99 / 2串  
Honey Grilled Toast
- 443 猛烤馒头片 \$5.99 / 2串  
Grilled Steamed Bun
- 444 香酥烤年糕 \$4.99 / 2串  
Grilled Crispy Rice Cake  
秘制酱烤 或 白糖  
w/ sauce OR w/sugar
- 445 软糯南瓜饼 \$7.99  
Stuffed Pumpkin Dough
- 446 猛炒葱油饼 \$14.99  
Stir-Fried Shredded Dough
- 447 东北拌冷面 \$12.99  
Spicy Cold Noodle
- 448 沈阳烤冷面 \$9.99  
Grilled Spicy Cold Noodle
- 449 黑酱油炒饭 \$12.99  
Soy Sauce Fried Rice
- 450 辣白菜炒饭 \$12.99  
Spicy Cabbage Fried Rice
- 451 黄金蛋炒饭 \$12.99  
Golden Egg Fried Rice
- 452 来一碗米饭 \$2.99  
White Rice
- 453 红糖酥糍粑 \$9.99  
Brown Sugar Rice Cake

## 汤 Soup

- 470 酥肉豆苗汤 \$16.99  
Pork and Pea Shoots Soup
- 471 传统酸辣汤 \$14.99  
Classic Sour & Spicy Soup

472 四川酸辣汤 \$14.99

Szechuan Sour & Spicy Soup

473 番茄鸡蛋汤 \$12.99

Tomato and Egg Soup

474 怀旧疙瘩汤 \$12.99

Dough Drop Soup

475 酸菜五花肉 \$18.99

Pork w/ Pickled Cabbage

## 套餐 Combo

- 493 单身狗套餐A \$18.99  
麻酱拌拉皮、一龍牛肉串
- 494 单身狗套餐B \$23.99  
猛炒方便面、猪耳拌青瓜
- 495 两人套餐A \$38.99  
黄金蛋炒饭、一龍牛肉串、蜜汁鸡中翅、一龍拌鸡架、怀旧烤烧饼
- 496 两人套餐B \$52.99  
黄金蛋炒饭、火爆高丽菜、尖椒小炒肉、捞汁海鲜串
- 497 两人套餐C \$89.99  
辣白菜炒饭、山城啤酒鸭 或 山城泡椒兔 (任选其一)、水煮牛肉片、麻婆双黑白、火爆高丽菜
- 498 两人套餐D \$95.99  
猛炒方便面、高山小嫩牛、一龍蒜爆鸡、手拍小青瓜、疑难又杂症、一龍锅包肉、经典溜三样、菜心炒油渣
- 499 四人套餐A \$114.99  
黄金蛋炒饭、三鲜馅水饺、炸炼乳馒头、一龍拌鸡架、东北大拉皮、怀旧地三鲜、经典溜三样、一龍辣炒蚬、怀旧疙瘩汤
- 500 四人套餐B \$120.99  
猛炒葱油饼、香酥烤年糕2份、熏酱猪头肉、捞汁海鲜串、疑难又杂症、一龍羊肉串、纽澳羊肋排、霸气牛小肥、一龍鸡脆骨、蜜汁鸡中翅、秘制五花肉、一龍烤花菜、一龍鱿鱼须、特色烤大虾