



# 一龍小酒馆

★★ THE DRAGON BBQ BAR ★★

“炒菜也贼好吃的烧烤店！”



Mon - Sun: 12PM - 2AM  
(1:30AM last call)  
905-513-6666



4080 Steeles Ave E.,  
Markham ON, L3R 4C3  
[www.thedragonbbqbar.com](http://www.thedragonbbqbar.com)

- \*标 🌶️ 的菜品不能走辣
- \* Dishes with 🌶️ CANNOT cook without chilli.
- \*任何食物过敏，请告知
- \* Please let us know if you have any allergy.

## 外卖自取 10% OFF

Pickup and enjoy 10% off

- \*限电话订餐
- \* Only for ordering by phone.

电话订餐:  
(905) 513-6666

打电话自取比外卖平台配送优  
惠最多可达30%

## 烤羊肉 BBQ Lamb

001 一龍羊肉串	\$7.99/6串
Lamb Skewers	
002 紐澳羊肋排	\$8.99/1份
Australia Lamb Ribs	
003 蒜香羊尾骨	\$9.99/1份
Garlic Lamb Tail	
004 咸香油包腰	\$9.99/2串
Oil Wrapped Kidney	
005 滋補小羊蛋	\$8.99/1串
Lamb Testicular	
006 決戰藍弦子	\$12.99/4串
Lamb Vas Deferens	
007 滋補羊油肝	\$9.99/4串
Lamb Liver with Fat	
008 生烤羊脊筋	\$9.99/6串
Lamb Spine Tendon	

## 烤牛肉 BBQ Beef

026 板筋夾牛油	\$8.99/4串
Beef Tendon with Beef Fat	
027 和牛筋皮子	\$9.99/6串
Wagyu Beef Tendon	
028 大片胸口油	\$6.99/4串
Beef Brisket Tendon Fat	
029 烤牛胸口肉	\$7.99/6串
Beef Brisket	
030 高山小嫩牛	\$8.99/10串
Tender Beef Neck	
031 一龍牛肉串	\$7.99/6串
Beef Skewers	
032 霸氣牛小肥	\$7.99/6串
Beef Tenderloin	
033 麻椒小肥牛	\$7.99/6串
Spicy Beef Ribs	
034 鐵嶺醬油筋	\$7.99/6串
Teriyaki Beef Ribs	
035 宮後夾嫩肉	\$8.99/6串
Beef Flank	
036 傳統牛心管	\$7.99/6串
Beef Heart Artery	
037 爽脆牛心管	\$9.99/4串
Crispy Beef Aorta	
038 東北牛蹄筋	\$8.99/6串
Beef Back Strap	
039 麻辣嫩牛舌	\$7.99/6串
Spicy Beef Tongue	
040 高山牛百葉	\$7.99/8串
Beef Omasum	
041 厚切黑毛肚	\$11.99/6串
Thick-Cut Beef Tripe	
042 大片牛腰子	\$9.99/1串
Big Beef Kidney	

043 成都牛板筋	\$7.99/6串
Beef Tendon	
044 炭烤牛仔骨	\$7.99/2串
Grilled Short Rib	
045 西冷小生串	\$7.99/6串
Raw Sirloin Beef Skewers	
046 和牛外脊筋	\$9.99/6串
Wagyu Loin Tendon Strip	
047 猛烤牛小腸	\$9.99/6串
Beef Small Intestine	

## 烤雞肉 BBQ Chicken

067 一龍雞脆骨	\$7.99/6串
Grilled Chicken Cartilage	
068 下酒烤雞架	\$8.99/1份
Chicken Racks	
069 蜜汁雞中翅	\$6.99/2串
Teriyaki Chicken Wing	
070 一龍蒜爆雞	\$7.99/6串
Garlic Chicken Skewers	
071 一龍烤雞胗	\$7.99/6串
Chicken Gizzards	
072 生烤公雞皮	\$6.99/6串
Chicken Skin	
073 焦香烤雞爪	\$7.99/4串
Chicken feet	
074 一龍烤雞心	\$7.99/6串
Chicken Heart	
075 猛烤鵪鶉蛋	\$6.99/2串
Grilled Quail Eggs	
076 一龍烤鴨舌	\$9.99/10串
Duck Tongue	
077 香辣烤鵪鶉	\$7.99/1只
Spicy Grilled Quail	
078 碱香烤實蛋	\$6.99/2串
Grilled Eggs	

## 烤豬肉 BBQ Pork

098 秘制五花肉	\$7.99/6串
Grilled Pork Belly	
099 東北大油邊	\$6.99/2串
Pig's Diaphragm	
100 蘑菇筋頭肉	\$8.99/4串
Pork Knee Knuckle	
 101 青椒烤肥腸	\$7.99/4串
Pork Intestines with Pepper	
102 望京小嫩腰	\$8.99/4串
Pork Kidney	
103 烤軟爛豬皮	\$6.99/4串
Grilled Pigskin	
104 酸菜五花肉	\$6.99/2串
Pork Belly with Pickled Cabbage	

- 105 一龍金沙骨 \$7.99/4串  
Pork Ribs
- 106 培根金针菇 \$7.99/2串  
Bacon with Enoki Mushrooms
- 🔥 107 香辣黑猪尾 \$11.99/1份  
Spicy Black Pork Tail

## 烤肠 BBQ Sausage

- 127 双汇王中王 \$6.99/2串  
Shuang Hui Sausage
- 128 烤菲律宾肠 \$7.99/4串  
Filipino Sausage

## 烤蔬菜 BBQ Vegetables

- 148 香辣高丽菜 \$7.99/1份  
Cabbage
- 149 滋补烤韭菜 \$7.99/1份  
Chives
- 150 地摊土豆片 \$7.99/1份  
Special Potato Chips
- 151 一龍烤茄子 \$7.99/1份  
Garlic Eggplant
- 152 一龍烤花菜 \$7.99/1份  
Cauliflower
- 153 香辣鲜秋葵 \$7.99/6串  
Grilled Spicy Okra
- 154 烤平江面筋 \$6.99/2串  
Gluten
- 155 干豆腐香菜 \$7.99/2串  
Dried Bean Curd with Cilantro
- 156 生烤鲜蚝菇 \$7.99/4串  
Grilled Oyster Mushroom
- 157 猛烤干豆腐 \$6.99/8串  
Grilled Dried Bean Curd
- 158 东北豆腐皮 \$6.99/8串  
Bean Curd
- 159 香辣烤蘑菇 \$6.99/2串  
Mushroom
- 160 一龍烤香菜 \$7.99/1份  
Coriander
- 161 销魂烤藕片 \$7.99/1份  
Sliced Lotus Root
- 🔥 162 烤韩式尖椒 \$6.99/1份  
Spicy Green Pepper
- 163 麻辣小土豆 \$7.99/1份  
Spicy Potato
- 164 烤爽口魔芋 \$6.99/6串  
Grilled Konjac
- 165 香辣烤莴笋 \$7.99/6串  
Celtuce
- 166 料油烤生蒜 \$4.99/2串  
Garlic
- 🔥 167 烤香辣豆干 \$6.99/6串  
Spicy Tofu Cubes

## 烤海鲜 & 蛙腿 BBQ Seafood & Frog Leg

- 187 烤蒜蓉生蚝 \$7.99/1个  
Garlic Oyster
- 🔥 188 烤川味生蚝 \$7.99/1个  
Szechuan Oyster
- 189 烤蒜蓉扇贝 \$7.99/1个  
Garlic Scallops
- 🔥 190 烤川味扇贝 \$7.99/1个  
Szechuan Scallops
- 191 一龍鱿鱼须 \$8.99/4串  
Squid Tentacles
- 192 特色烤大虾 \$6.99/4串  
Grilled Prawns
- 193 生烤竹荪鱼 \$9.99/2条  
Grilled Whiting
- 194 嫩烤小海兔 \$7.99/4串  
Grilled Squid
- 195 鮑总小黄花 \$9.99/4条  
Yellow Croaker
- 196 生烤牛蛙腿 \$9.99/4串  
Frog Legs
- 197 烤金枪鱼腩 \$18.99/200g  
BBQ Tuna Belly
- 198 野生鳕鱼扒 \$19.99/200g  
Wild Cod Steak

## 锡纸盒类 Foil Box

- 🔥 218 一龍嫩脑花 \$9.99  
Pork Brain
- 🔥 219 爆浆老豆腐 \$7.99  
Foil Box Juicy Tofu
- 220 锡纸娃娃菜 \$8.99  
Foil Box Baby Cabbage
- 221 锡纸金针菇 \$8.99  
Foil Box Enoki Mushrooms
- 222 芝士甜玉米 \$7.99  
Creamy Sweet Corn
- 223 芝士甜地瓜 \$7.99  
Creamy Sweet Potato
- 224 锡纸盒蚬子 \$9.99  
Foil Box Garlic Clams

## 凉菜 Cold Appetizers

- 243 东北大糖蒜 \$1.99/1头  
Sweet Garlic
- 🔥 244 捞汁黑鱼片 \$12.99  
Sauced Black Fish Slices
- 🔥 245 红油猪耳片 \$12.99  
Sliced Pig Ear in Chili Oil
- 🔥 246 捞汁海鲜串 \$12.99  
Chilli Seafood Skewers
- 247 麻酱拌拉皮 \$12.99  
Sesame Sauce Liangpi

248	东北大拉皮	\$16.99
	Northeastern Liangpi	
 249	一龍拌鸡架	\$9.99
	Spicy Chicken Racks	
 250	疑难又杂症	\$12.99
	Cucumber Beef Mix	
 251	皮蛋大丰收	\$12.99
	Veggies with Century Egg	
252	家常拌凉菜	\$12.99
	Homestyle Cold Salad	
253	手拍小青瓜	\$10.99
	Cucumber with Sauce	
254	椒盐炸蘑菇	\$9.99
	Spicy Slat Mushroom	
255	一龍下酒菜	\$19.99
	Assorted Appetizers	
256	成都小酥肉	\$8.99
	Deep Fried Crispy Pork	
257	猪耳拌青瓜	\$12.99
	Spicy Pig Ear with Cucumber	
258	菜心海蜇皮	\$11.99
	Sea Jellyfish & Cabbage	
259	花生拌西芹	\$9.99
	Peanut & Celery Salad	
 260	泡椒泡凤爪	\$9.99
	Pickled Chicken Feet	
261	花生和毛豆	\$9.99
	Edamame and peanut	
 262	卤麻辣鸭头	\$13.99
	Spicy Braised Duck Head	
263	酸甜大拌菜	\$11.99
	Sweet n Sour Lettuce	
 264	沾水毛肚片	\$16.99
	Beef Omasum with Sauce	
 265	香酥公鸡架	\$10.99
	Crispy Chicken Rack	
 266	下酒老虎菜	\$11.99
	Herb & Peanut Salad	
267	水晶肉皮冻	\$9.99
	Spicy Aspic	
268	皮蛋苧茄子	\$12.99
	Preserved Eggs with Eggplant	
 270	麻辣鸭锁骨	\$12.99
	Spicy Duck Collarbone	
271	老北京爆肚	\$18.99
	Braised Pig Tripe	
272	老陈醋花生	\$9.99
	Fried Peanut in Vinegar	
 273	辣拌明太鱼	\$14.99
	Spicy Shredded Cod	
 274	麻辣冷吃牛	\$14.99
	Cold Served Chilli Beef	
275	凉拌蚬子肉	\$12.99
	Spicy Clams	

276 油炸花生米 \$9.99

Fried Peanut

277 桂花酱番茄 \$9.99

Osmanthus Tomatoes

## 哈尔滨熏酱 *Braised and Smoked*

297 一龍干豆腐 \$9.99

Dried Tofu Roll

298 熏酱猪头肉 \$12.99

Braised Pork Head

299 熏酱大肠头 \$12.99

Braised Pork Intestine

300 熏酱猪耳朵 \$12.99

Braised Pork Ear

301 卤香金钱腱 \$14.99

Braised Beef

302 哈尔滨红肠 \$12.99

Harbin Red Sausage

## 川渝菜 *Szechuan Specialty*

 322 山城啤酒鸭 \$24.99

Beer-Braised Duck

 323 山城泡椒兔 \$24.99

Pickled-Chili Rabbit

 324 蜀南鲜嫩蛙 \$26.99

Spicy Tender Frog

 325 尖椒小炒肉 \$16.99

Pork with Green Pepper

 326 莴笋炒肉丝 \$18.99

Celtuce with Pork

 327 乐山辣子鸡 \$18.99

Deep-Fried Chili Chicken

 328 山城鲜椒鸡 \$18.99

Spicy Chicken with Peppers

 329 火爆猪肝腰 \$17.99

Spicy Liver and Kidney

 331 泡椒海鱼肚 \$25.99

Pickled Pepper Fish Maw

 332 泡椒香水蛙 \$25.99

Pickled Boiled Frog

 333 家常回锅肉 \$16.99

Twice-Cooked Pork

 334 水煮牛肉片 \$25.99

Spicy Boiled Beef

 335 两吃黑鱼片 \$29.99

Boiled Black Fish

水煮 或 酸菜

Spicy Boiled OR Pickled Cabbage

 336 重庆毛血旺 \$28.99

Spicy Stewed Meats & Haslet

 337 麻婆老豆腐 \$15.99

Mapo Tofu

 338 麻婆双黑白 \$17.99

Mapo Tofu with Duck Blood

 339	<b>火爆牛心管</b> Scalded Aorta	<b>\$26.99</b>
 340	<b>魔芋小炒牛</b> Beef with Konjak	<b>\$18.99</b>
 341	<b>烟笋炒腊肉</b> Bamboo Shoot with Pork	<b>\$18.99</b>
 342	<b>湘菜金钱蛋</b> Spicy Deep-Fried Eggs	<b>\$18.99</b>
343	<b>四川甜蒸肉</b> Sweet Steamed Pork	<b>\$18.99</b>
344	<b>四川咸烧白</b> Steamed Salty Pork Belly	<b>\$18.99</b>

## 东北菜 *Dongbei Specialty*

358	<b>香菜千层肚</b> Cilantro Beef Tripe	<b>\$24.99</b>
 359	<b>孜然厚板筋</b> Cumin Beef Tendon	<b>\$24.99</b>
360	<b>溜耙牛胸口</b> Stir-Braised Beef Brisket	<b>\$24.99</b>
361	<b>番茄炒鸡蛋</b> Stir-Fry Tomato & Egg	<b>\$15.99</b>
363	<b>鱼香嫩肉丝</b> Fish-Fragrant Pork	<b>\$18.99</b>
364	<b>韭菜炒鸡蛋</b> Eggs & Chinese Chives	<b>\$18.99</b>
 365	<b>香酥小河虾</b> Crispy River Shrimp	<b>\$19.99</b>
366	<b>一龍锅包肉</b> Sweet n Sour Crispy Pork	<b>\$16.99</b>
367	<b>尖椒干豆腐</b> Spicy Dried Bean Curd	<b>\$15.99</b>
 368	<b>一龍辣炒蚬</b> Stir-Fried Spicy Clams	<b>\$19.99/1.5LB</b>
369	<b>火爆高丽菜</b> Stir-Fried Cabbage	<b>\$14.99</b>
370	<b>经典溜肉段</b> Stir-Fried Pork Chunks	<b>\$18.99</b>
371	<b>肉段溜茄子</b> Eggplant with Pork	<b>\$16.99</b>
372	<b>酸菜炒粉条</b> Vermicelli w/ Pickled Cabbage	<b>\$15.99</b>
373	<b>唐芹炒粉条</b> Celery with Vermicelli	<b>\$15.99</b>
374	<b>经典溜三样</b> Assorted Pork Haslet	<b>\$17.99</b>
 375	<b>干锅卤鸭头</b> Dry Pot Braised Duck Head	<b>\$16.99</b>
376	<b>菜心炒油渣</b> Choy Sum w/ Pork Cracklings	<b>\$16.99</b>
 377	<b>炒孜然羊肉</b> Lamb with Cumin	<b>\$18.99</b>
378	<b>怀旧地三鲜</b> Sautéed Assorted Veggies	<b>\$15.99</b>

 379	<b>香辣蛙蚬锅</b> Boiled Frog and Clams	<b>\$18.99</b>
 380	<b>干煸茶树菇</b> Dry-Fried Agrocybe Mushrooms	<b>\$17.99</b>
 381	<b>干锅鱿鱼须</b> Spicy Squid Tentacles	<b>\$18.99</b>
 382	<b>干锅猪肥肠</b> Spicy Pork Intestine	<b>\$18.99</b>
383	<b>干锅鹿茸菇</b> Dry Pot Deer Antler Mushrooms	<b>\$17.99</b>
384	<b>炒风味茄子</b> Special Sauce Eggplant	<b>\$15.99</b>
385	<b>腊肉野花菜</b> Cauliflower with Pork	<b>\$16.99</b>
 386	<b>香酥五花肉</b> Crispy Pork Belly	<b>\$16.99</b>
387	<b>酸辣土豆丝</b> Hot n Sour Potato Shreds	<b>\$14.99</b>
388	<b>蛋黄焗地瓜</b> Salted Egg Yolk Sweet Potato	<b>\$17.99</b>
389	<b>酸黄瓜炒肉</b> Pork and Pickle	<b>\$15.99</b>
390	<b>雪花甜地瓜</b> Candied Sweet Potato	<b>\$16.99</b>
 392	<b>鲍总毛肚锅</b> Boiled Beef Aorta 另加厚毛肚 Add Extra Beef Aorta 另加鱼丸子 Add Extra Fish Meatball 另加牛肉丸 Add Extra Beef Meatball 另加海带结 Add Extra Kelp 另加干豆腐 Add Extra Dried Bean Curd 另加豆芽 Add Extra Bean Sprout	<b>\$29.99</b>  <b>\$14.99/10串</b> <b>\$5.99/4串</b> <b>\$5.99/4串</b> <b>\$5.99/4串</b> <b>\$5.99/4串</b> <b>\$5.99/4串</b> <b>\$4.99</b>

## 游水活鱼 *Fresh Fishes*

 411	<b>巫山烤桂花</b> Grilled Mandarin Fish	<b>\$45.99/2LB</b>
 412	<b>巫山烤立鱼</b> Grilled Tilapia	<b>\$45.99/2LB</b>
 413	<b>巫山烤青斑</b> Grilled Yellow Grouper	<b>\$59.99/2LB</b>
	<b>番茄烤桂花</b> Tomato Mandarin Fish	<b>\$45.99/2LB</b>
	<b>番茄烤立鱼</b> Tomato Tilapia	<b>\$45.99/2LB</b>
	<b>番茄烤青斑</b> Tomato Yellow Grouper	<b>\$59.99/2LB</b>
 412	<b>酸甜干烧鱼</b> Sweet n Sour Fish	<b>\$36.99/2LB</b>
413	<b>清蒸桂花鱼</b> Steamed Mandarin Fish	<b>\$39.99/2LB</b>

清蒸活立鱼 \$39.99 / 2LB

Steamed Tilapia

清蒸活青斑 \$55.99 / 2LB

Steamed Yellow Grouper

## 主食 Rice & Noodle

- 433 猛炒方便面 \$12.99  
Stir-Fried Instant Noodle
- 434 怀旧烤烧饼 \$4.99 / 2串  
Baked Sesame Flatbread
- 435 四川烤苕皮 \$9.99  
Szechuan Grilled Liangpi
- 436 三鲜馅水饺 \$13.99  
Pork Dumpling
- 437 白菜肉水饺 \$12.99  
Cabbage & Pork Dumplings
- 438 芹菜肉水饺 \$12.99  
Celery & Pork Dumplings
- 439 朝鲜汤冷面 \$12.99  
Cold Noodle Soup
- 440 炸炼乳馒头 \$5.99 / 4个  
Fried Steamed Bun
- 441 烤炼乳面包 \$5.99 / 2串  
Milky Grilled Toast
- 442 烤蜂蜜面包 \$5.99 / 2串  
Honey Grilled Toast
- 443 猛烤馒头片 \$5.99 / 2串  
Grilled Steamed Bun
- 444 香酥烤年糕 \$4.99 / 2串  
Grilled Crispy Rice Cake  
秘制酱烤 或 白糖  
w/ sauce OR w/sugar
- 445 软糯南瓜饼 \$6.99  
Stuffed Pumpkin Dough
- 446 猛炒葱油饼 \$14.99  
Stir-Fried Shredded Dough
- 447 东北拌冷面 \$12.99  
Spicy Cold Noodle
- 448 沈阳烤冷面 \$9.99  
Grilled Spicy Cold Noodle
- 449 黑酱油炒饭 \$12.99  
Soy Sauce Fried Rice
- 450 辣白菜炒饭 \$12.99  
Spicy Cabbage Fried Rice
- 451 黄金蛋炒饭 \$12.99  
Golden Egg Fried Rice
- 452 来一碗米饭 \$2.99  
White Rice

## 汤 Soup

- 470 酥肉豆苗汤 \$16.99  
Pork and Pea Shoots Soup
- 471 传统酸辣汤 \$14.99  
Classic Sour & Spicy Soup
- 472 四川酸辣汤 \$14.99  
Szechuan Sour & Spicy Soup

473 番茄鸡蛋汤 \$12.99

Tomato and Egg Soup

474 怀旧疙瘩汤 \$12.99

Dough Drop Soup

475 酸菜五花肉 \$18.99

Pork w/ Pickled Cabbage

## 套餐 Combo

- 493 单身狗套餐A \$18.99  
麻酱拌拉皮、一龍牛肉串
- 494 单身狗套餐B \$23.99  
猛炒方便面、猪耳拌青瓜
- 495 两人套餐A \$38.99  
黄金蛋炒饭、一龍牛肉串、蜜汁鸡中翅、一龍拌鸡架、怀旧烤烧饼
- 496 两人套餐B \$52.99  
黄金蛋炒饭、火爆高丽菜、尖椒小炒肉、捞汁海鲜串
- 497 两人套餐C \$89.99  
辣白菜炒饭、山城啤酒鸭 或 山城泡椒兔 (任选其一)、水煮牛肉片、麻婆双黑白、火爆高丽菜
- 498 两人套餐D \$95.99  
猛炒方便面、高山小嫩牛、一龍蒜爆鸡、手拍小青瓜、疑难又杂症、一龍锅包肉、经典溜三样、菜心炒油渣
- 499 四人套餐A \$114.99  
黄金蛋炒饭、三鲜馅水饺、炸炼乳馒头、一龍拌鸡架、东北大拉皮、怀旧地三鲜、经典溜三样、一龍辣炒蚬、怀旧疙瘩汤
- 500 四人套餐B \$120.99  
猛炒葱油饼、香酥烤年糕2份、熏酱猪头肉、捞汁海鲜串、疑难又杂症、一龍羊肉串、纽澳羊肋排、霸气牛小肥、一龍鸡脆骨、蜜汁鸡中翅、秘制五花肉、一龍烤花菜、一龍鱿鱼须、特色烤大虾